

# Sugestões de Podcasts para imersão em Inglês

Esta lista foi elaborada por nossos tutores com podcasts bem avaliados pelo seu conteúdo e com apresentadores com dicção clara.

Considere como um ponto de partida ou uma forma de fugir da bolha dos podcasts sempre citados por professores. Utilize a ferramenta de “curto esse estilo” do Spotify para achar podcasts similares, divirta-se aprendendo!

## Canais para estudar inglês

### RealLife English

Ten ways to respond “What’s up”

<https://open.spotify.com/episode/0GBkoPmzJnSEwoSpEbK2Uz?si=76414b2e29844faf>

### The Level Up English Podcast (UK english)

The secret to natural British English (Linking)

<https://open.spotify.com/episode/0WDJPX8uGc62QJE3b5Xdx9?si=b9f874fe8b0446ab>

### That’s What They Say:

Are all pronunciations created equal?

<https://open.spotify.com/episode/0BRY0tMwgxAYjvhgXslzf2?si=046c7bd6c5b44e93>

## Atualidades

### The Inquiry (UK English):

Is work for home working?

<https://open.spotify.com/episode/7kUqJmqHy1B8uieKGTfn4g?si=c5f72db633aa479f>

### The Jordan Harbinger Show:

The Dark Side of the Chocolate Industry

<https://open.spotify.com/episode/0VK37ceHrUghIOCikGu9AU?si=0037ce113711492f>

## Autoajuda

### Ctrl Alt Delete (UK English):

How to disagree Successfully

<https://open.spotify.com/episode/1ltdsktQItQPERGiedZBRs?si=1rwe-CB5SZqO2ZTAARORVg>

### Happier with Gretchen Rubin:

More Happier: Our favorite easy ways to make ourselves happier, healthier, smarter and more productive

[https://open.spotify.com/episode/3xxM1CEdstN0yfXMw8SX6j?si=HV-KywVkRe-poq\\_imYx1Dw](https://open.spotify.com/episode/3xxM1CEdstN0yfXMw8SX6j?si=HV-KywVkRe-poq_imYx1Dw)

### The Mell Robbins Podcast:

4 Important Life Lesson I Learned the Hard Way

<https://open.spotify.com/episode/17gD0LzkzLQlhLF29fxM2f?si=l3pxn1jxTEiJakHN1voOZg>

## Carreiras

### The High Performance Podcast (*British English*):

Productivity Expert Ali Abdaal – Never Procrastinate Again

<https://open.spotify.com/episode/6xb144QhKUzlc9m5i2exya?si=5685c125be5d4a04>

### Ellevate Podcast

Recognizing Toxic Work Environment and Creating Solutions

<https://open.spotify.com/episode/7zGw5d0L5PLPcR4ibEnZky?si=b30e6d08c0614eca>

## Ciência

### Stuff to Blow Your Mind

The Search For Alien Life, with Astrophysicist Adam Frank

[https://open.spotify.com/episode/7oU64B5qDcesZu9f5NdGdE?si=9DND8zosTBu8T4Mazf\\_iFA](https://open.spotify.com/episode/7oU64B5qDcesZu9f5NdGdE?si=9DND8zosTBu8T4Mazf_iFA)

### Unexpected Elements (*British English*):

Human genome editing: Promise and Peril

<https://open.spotify.com/episode/3FOg6wPE4eSiZKNcfV0X7e?si=u9a5oIPSTaKIdXJSGXN02w>

### Crimes reais

#### 10 Minute Murder:

The Halloween Killer

<https://open.spotify.com/episode/6d647swF2m9wQy2XtOaTRC?si=0b30b32b02a347f3>

#### They Walk Among Us - UK True Crime (British English):

Season 08 Episode 33 – The Hitchhiker

<https://open.spotify.com/episode/4zJnbK0HyURoJ7eqcBIBjC?si=1662b068190b4916>

### Entrevistas

#### Full Disclosure with James O'Brien (British English):

Daniel Radcliffe

<https://open.spotify.com/episode/1s0BhUsiSHVpNbpqyHcx4F?si=q9r24iG4SZqGCQ2gDmx0FA>

#### WTF with Marc Maron:

Entrevistas com celebridades, atores, comediantes, etc.

<https://open.spotify.com/show/6L47MDMO3xuN2XBed7miEI?si=b1269437cb7d4807>

### Esportes

#### The Bill Simmons Podcast:

Cobertura dos principais esportes americanos

<https://open.spotify.com/show/07SjDmKb9iliEzpNcN2xGD?si=285dd594dfdd40d0>

#### The Late Braking F1 Podcast (British English):

Our 2023 F1 Season Review

<https://open.spotify.com/episode/0Ns3wwSqhffqh7gRaqbSTB?si=714eac7b0caa4551>

### The Red Flags Podcast:

Podcast americano sobre Fórmula 1

<https://open.spotify.com/show/3AQS9qSsPggNY3b8hrvyHT?si=727b3a1f14474220>

## Filmes e Séries

### Bring Your Own Blockbuster (*British English*):

Best Films of 2023

<https://open.spotify.com/episode/3Q5aQKH4OrMh8zfrPkyDzy?si=344e5bafa33f497e>

### Sorry You're in my Seat (*British English*):

Which TV Show had the worst Final Season?

<https://open.spotify.com/episode/1YzAQ50I3bulPGK2Oz3ZtT?si=b3e46d112c354dc1>

### The Rewatchables:

Titanic 25<sup>th</sup> Aniversary

<https://open.spotify.com/episode/5EtaLjNMfVZlaFY9QkOERF?si=57757762a5464f25>

## Finanças Pessoais

### Inside Out Money:

Simple Joys and the Art of Saving Money

<https://open.spotify.com/episode/24u94IX6Xx8elzU0aCWxZI?si=b898c369760d4714>

### Money Clinic with Claer Barrett (*British English*)

What They Don't Teach You about Money

<https://open.spotify.com/episode/6vb3Tg4jKqJUuaRDhx7Vi5?si=b606b8472ca84920>

## Notícias

### Newscast (British English)

BBC News Podcast

<https://open.spotify.com/show/2A8GIhYh5xDSJJrnpIUePR?si=439248b7f4fb471f>

### Start Here

ABC News Podcast

<https://open.spotify.com/show/6f1qkZMOcZqT5UkPqG4U7L?si=a9504eeae7c64f00>

## Relacionamentos

### The Therapy Couch (British English):

The Language of Love

<https://open.spotify.com/episode/00EH9nOBZerrcMFmTH7EfF?si=d209436f24f44e9e>

### Rikki and Jimmy on Relationships:

How to Intentionally Love your partner

<https://open.spotify.com/episode/4WrhZaYpIKu7h0B75KG1wh?si=eabaaa62e9404ac1>

## Saúde

### The Dr. Gabrielle Lyon Show:

Are all the Sugars the Same, and Which Should You Eat?

<https://open.spotify.com/episode/2UXFyEoliBniWsfocjaD2?si=fff6e9d358534dcf>

### Just One Thing With Michael Mosley (British English):

Take Vitamin D

<https://open.spotify.com/episode/3Khv4hQX17wkELhaj1dENA?si=80c67f3dce6b4a80>

## Sexualidade

### Pillow Talks:

“Is This Normal?” 15 Questions You Never Dared To Ask Out Loud  
<https://open.spotify.com/episode/2BzHIAacRtQJ2Lw6Fppn9h?si=4TTEG1JDSlu9KTkfwu-Jw>

### Sex with Emily:

How to Spice Up Your Masturbation Routine  
<https://open.spotify.com/episode/01r21H9lj9J2OPzb8li73l?si=BQTcTKHjSw-w73F8acMnAg>

### The Second Circle (*British English*):

How To Get Better at Talking About Sex  
[https://open.spotify.com/episode/3jC4XvNNlnEIXyqmdEC\\_Ltn?si=9Cc1iM1RTSCacW5A7YHrLg](https://open.spotify.com/episode/3jC4XvNNlnEIXyqmdEC_Ltn?si=9Cc1iM1RTSCacW5A7YHrLg)

## Tecnologia

### The Vergecast

How AI Will Change Phones – and the whole Internet  
<https://open.spotify.com/episode/03FYg01fLOTtdHTu6bwn4R?si=p1oAGTpuRQSwliyop77cPQ>

### What Next: TBD | Tech, power, and the future

Are you ready for lab-grown meat?  
<https://open.spotify.com/episode/0wK76hUWQh1YFFxzkexcUG?si=739e0aca4d2143f0>