mairo**vergara**

AULA 06
Connected Speech

Connected Speech

AULA 06 | COM PAULO LÖEBLEIN

TEXTO COMPLETO

Try Something New for 30 days - Parte 2

The first was, instead of the months flying by, forgotten, the time was much more memorable. This was part of a challenge I did to take a picture every day for a month. And I remember exactly where I was and what I was doing that day. I also noticed that as I started to do more and harder thirty-day challenges, my self-confidence grew. I went from desk-dwelling computer nerd to the kind of guy who bikes to work. For fun! Even last year, I ended up hiking up Mount Kilimanjaro, the highest mountain in Africa. I would never have been that adventurous before I started my thirty-day challenges.

TEXTO DETALHADO

The first was, instead of the months flying by, forgotten,
[ðəfɜːrst wʌz ɪnstedəvðəmʌnts flaɪɪŋbaɪ fərgɑːtn]

the time was much more memorable.
[ðətaɪm wʌz mʌtʃmɔːr memrəbl]

This was part of a challenge I did
[ðɪswʌs pɑːrtəvətʃælɪndʒaɪdɪd]

to take a picture every day for a month.
[təteɪkəpɪktʃər evrideɪ fərəmʌnθ]

And I remember exactly where I was and what I was doing that day.
[ənd aɪrɪmembər ɪgzækli weraɪwʌz ən wʌtaɪwʌzduːɪŋ ðædeɪ]

I also noticed that as I started to do more and harder thirty-day challenges,
[aɪɔːlsəʊnəʊtɪst ðætæzaɪstɑːrtɪtəduː mɔːr ənhɑːrdər θɜːrtideɪ tʃælɪndʒɪz]

my self-confidence grew.
[maɪself kɑːnfɪdəns gruː]

I went from desk-dwelling computer nerd
[aɪwentfrəm deskdwelɪŋ kəmpjuːtər nɜːrd]

to the kind of guy who bikes to work. For fun!
[təðə kaɪndəvgaɪ huːbaɪkz tuwɜːrk fər fʌn]

Even last year, I ended up hiking up Mount Kilimanjaro, the highest mountain in Africa.
[iːvn læstʃjɪr aɪendɪdʌp haɪkɪŋjʌp maʊnt kɪləməjarəʊ ðəhaɪəsmaʊntn nɪnæfrɪkə]

I would never have been that adventurous
[aɪwʊd nevər hævbɪn ð/nætədventʃərəs]

before I started my thirty-day challenges.
[bɪfɔːraɪstɑːrtɪd maɪ θɜːrtideɪ tʃælɪndʒɪz]