

MAIRO VERGARA

ADVANCED PHRASAL VERBS COURSE

Lesson 49 | Transcript

Hi, I'm Sonja Berger. I'm chatting to you from Vrede En Lust wine estate which lies between Paarl and Franschhoek in South Africa. 'Vrede En Lust' means peace and passion and what a wonderful setting in which to celebrate the first day of spring. Imagine the smell of jasmine as we talk about phrasal verbs. Our three phrasal verbs today are 'sum up', 'cross out' and 'grow apart'. First one up is 'sum up'. 'Sum up' has three different meanings. The first one is to summarize. The second one is to represent the most typical qualities of a person or thing and the third meaning is to form an opinion of someone or something in a very short time.

Let's start with meaning one – to summarize. Here is sample sentence one:

To sum up my message today, if you want a healthy mind, invest in a healthy body.

Now this is a summary at the end of a speech. Very often when people make speeches, they have a conclusion in which they sum up, in which they summarize the main points, and the main point of this speech is that you have to look after your body because physical wellbeing spills over into psychological wellbeing. The Greeks knew this thousands of years ago when they said 'Mensana incorporate Sano' which means 'a sound mind in a sound body'.

Meaning two of 'sum up' is to represent the most typical qualities of a person, a thing or a situation. Sample sentence:

One word sums up his meerkat: Cute.

Meerkats are suricates that live in Southern Africa and cuteness is a typical quality. However, that is not the whole story. Meerkats mark their territory obsessively by weeing everywhere. So, I think it would be accurate to say that two words sum up meerkats cute and smelly. In my opinion, those are the two most typical qualities of meerkats.

The third meaning of 'sum up' is to form an opinion about a person or a thing within a very short time. Sample sentence:

First impressions count. People some one another up within one tenth of a second, according to researchers.

Within a split second of meeting, you for the first time, strangers will form an opinion about how competent you are, how attractive you are and how trustworthy you are. These two ladies will have formed an opinion of me within one tenth of a second as I walked into their tasting room. 'Welcome to Vrede En Lust'. Thanks, I feel very welcome.

Alzan, when clients walk through your doors, how do you sum up the probability of their buying your wine?

Well firstly, for the ladies, you look at the rings and the gentlemen - the watches and how well they are groomed. First impressions count.

The second phrasal verb we will discuss is 'cross out'. 'Cross out' has two meanings. The first meaning is to put a line through words, usually because they are incorrect. And the second meaning is to put a cross over words or parts of a word or over a picture. Sample sentence one, illustrating meaning one:

Cross out the words you've written incorrectly and write the correct words neatly above the spelling mistakes.

Drawing a line through a word indicates that you want to replace it with another word or that you want to correct it. When you have text on a computer screen with a line going through that text, we talk about 'strike

through'. You can also cross something out. You put a line through it because you want to eliminate it as a choice. Sample sentence:

After I had drawn up my bucket list, I had to cross out a few items that were too expensive. One of them is a space flight with Virgin Galactic and 130 thousand pounds. I had to put a line through that one. But fortunately, I didn't have to put a line through my cheese lunch and my lovely glass of Vrede En Lust wine. Bon Appetit.

Another sample sentence:

Children often threaten to cross out a friend's name on their birthday invitation list to punish that friend socially. Adults do it too. Human beings are social creatures. We want to belong to a tribe. We do not want to have our names crossed off lists. We don't want lines through our names because that makes us feel left out.

The second meaning of 'cross out' is literally to put a cross over something, a word or a picture in order to show that you are eliminating it is an option or to show disapproval. In the previous sample sentence, we could have used that meaning of 'cross out' if the child had put a cross over the person's name on the invitation list. But we used the line through meaning. Now for a sample sentence that illustrates 'cross out' as in to put a cross over something:

The CEO of a company wrote the word 'impossible' on the whiteboard, then he crossed out the prefix 'im'. Why would the CEO do that? To communicate the message that impossible is not an option. 'Possible' is the only option. In other words, he wanted to tell his employees that they needed to be positive, they needed to think in terms of possible, instead of what was impossible.

Our third phrasal verb is 'grow apart'. To 'grow apart' means to become less close in a relationship than you used to be, to become removed from someone emotionally. Sample sentence one:

Couples do not grow apart over night. The emotional unraveling usually takes some time.

So that sentence means that people don't instantly lose connection with each other, it takes time. The emotional distance sets in over time.

Sample sentence two:

After a rare spectacular reunion of Venus and Jupiter on the 27th of August 2016, the two planets grew apart again.

Now usually, you would say two objects draw apart when they become removed from each other. In this case, I used a bit of personification, and I personified the planets Venus and Jupiter as lovers. I was fortunate enough to see this amazing celestial occurrence on a farm in South Africa on that night and I'd love to show you the footage of these two planets so close together and after that, they grew apart again. They became removed from each other.

The footage for the second sample sentence illustrating 'grow apart' was also shot on the farm where I saw those magnificent planets at sunset.

These free-range calves are weaned at eight months. After the calves have been weaned, they do not grow apart from their mothers. In fact, the relationship remains close.

And that brings me to the end of our 'sum up', 'cross out' and 'grow apart' phrasal verb video. It was a pleasure teaching you. Goodbye.