

## MAIRO VERGARA

### ADVANCED PHRASAL VERBS COURSE

#### Sentences For Anki | Lesson 49

##### FRONT

At the end of the speech, she summed up her strongest arguments pithily.

##### BACK

**sum up** = to summarize

*Most reports and speeches have a conclusion at the end in which the main points of the text are summarized. "Pithily" means briefly.*

##### FRONT

To sum up my message today: if you want your mind to be healthy, look after your body.

##### BACK

**sum up** = to summarize

*This person summarizes the main message of her speech, which is that you have to keep your body healthy if you want a healthy mind! Physical exercise is an important part of psychological well-being. The Greeks already knew this thousands of years ago when they said "mens sana in corpore sano" - a sound mind in a sound body.*

##### FRONT

Famous American poet Robert Frost had the following to say about life: "In three words I can sum up everything I have learnt about life: it goes on."

##### BACK

**sum up** = to summarize

*I agree 100% with Robert Frost. He summarizes it so neatly.*

##### FRONT

The heart-rending news clip of a dazed little boy saved from the rubble after an airstrike sums up the tragedy of events in Syria.

##### BACK

**sum up** = to represent the most typical qualities of a thing or person

*The clip shows a little boy, bloodied and covered in dust, who is saved from the rubble and placed inside an ambulance. He says nothing; just touches his head, sees the blood and tries to rub it off on the seat on which he is sitting. So, the sample sentence means that that photograph represents the most typical quality of the conflict, which is that it is tragic.*

##### FRONT

One word sums up this meerkat: cute!

##### BACK

**sum up** = to represent the most typical qualities of a thing or person

*Meerkats, also called suricates, live in Southern Africa. Cuteness is a typical quality of*

*meerkats. But that is not the whole story. They scent mark their territory by weeing everywhere. So maybe it is more accurate to say that two words sum up a meerkat: cute and smelly! In other words, both those descriptions are typical of a meerkat.*

**FRONT**

If I had to sum up my mum in two words, they would be “caring” and “energetic”.

**BACK**

**sum up** = to represent the most typical qualities of a thing or person

*This person considers two traits to be representative of her mother: compassion and energy.*

**FRONT**

When the thieves broke the window, he summed up the situation quickly and took decisive action. This action saved the lives of his family members.

**BACK**

**sum up** = to form an opinion about someone or something in a very short time

*He could assess the danger almost instantly and then had the presence of mind to react appropriately.*

**FRONT**

First impressions are important. People sum each other up within a tenth of a second.

**BACK**

**sum up** = to form an opinion about someone or something in a very short time

*According to research all it takes to make an impression (or not) is a tenth of a second.*

*Within a split second of meeting, you for the first time strangers will decide how trustworthy they think you are, how attractive you are and how competent you are.*

**FRONT**

When you go for a job interview, 60 per cent of employers will sum up your suitability for the job within the first 15 minutes.

**BACK**

**sum up** = to form an opinion about someone or something in a very short time

*Most interviewers form an opinion of a candidate in a short time.*

**FRONT**

Students sum up their professors’ teaching skills within six seconds of listening to him or her for the first time.

**BACK**

**sum up** = to form an opinion about someone or something in a very short time

*Research has shown that there is a remarkable correlation between end-of-semester evaluations and evaluations six seconds into the first lesson. Collectively, humans are remarkably good at deciphering a stranger’s abilities and personalities on a first impression.*

**FRONT**

Cross out the words you have spelt incorrectly and write the corrections neatly above the

spelling mistakes.

### BACK

**cross out** = to draw a line through words, usually because they are wrong

*Drawing a line through a word suggests that you want to correct it or replace it with another word. The correction or replacement is usually written above the original word. We call the presentation of text with a line running through the center of the text strike-through.*

### FRONT

Cross out your residential address and fill in your postal address.

### BACK

**cross out** = to draw a line through words, usually because they are wrong

*A postal address is the address to which your mail is sent. Your postal address may be the same as your home address (your residential address) or it may be a separate post office box. Forms often have separate spaces for residential and postal addresses. People who have separate residential and postal addresses frequently make the mistake of writing the one where the other should be.*

### FRONT

When you cross out sentences in a written essay do so neatly with a ruler and a pencil.

### BACK

**cross out** = to draw a line through words, usually because they are wrong

*Essays in which sentences and words have been crossed out free-hand often make a messy, unprofessional impression. It is better to use a ruler to draw a line through the words.*

### FRONT

Famous American writer Mark Twain said, with his tongue firmly in his cheek, "Writing is easy. All you have to do is cross out the wrong words."

### BACK

**cross out** = to draw a line through words, usually because they are wrong

*If a statement is tongue-in-cheek it is not meant to be taken seriously. A tongue-in-cheek statement is usually ironic - meaning the opposite of what is said.*

### FRONT

After I had written bucket list I crossed out a few items that would simply be too expensive.

### BACK

**cross out** = to draw a line through words in order to cancel them as an option

*One of those items was a space flight with Virgin Galactic at 130 000 pounds. What a pity to put a line through that one!*

### FRONT

Children often cross out friends' names on birthday invitation lists if they want to punish them socially! Adults do the same.

### BACK

**cross out** = to draw a line through words in order to cancel them as an option

*Little children often say, "I won't invite you to my party" when they are angry with a friend. Invitations to social events can be used to exert influence over others and to manipulate them. Because humans are social beings, we are scared of being shunned by the "tribe". We don't want a line to be drawn through our names on the party lists of others because we do not want to feel left out.*

**FRONT**

Your name is on the accommodation waiting list, but I'll have to cross it out if you don't pay the application fee by tomorrow.

**BACK**

**cross out** = to draw a line through words

*The applicant's name will be removed from the list if she does not pay the application fee.*

**FRONT**

He crossed out the word "like" and replaced it with "love" in the email he wrote her.

**BACK**

**cross out** = to draw a line through words

*By putting a line through "like" and replacing it with "love", he is suggesting that his feelings are stronger than mere attraction.*

**FRONT**

The protestors wore black t-shirts on which a photo of the leader was crossed out.

**BACK**

**cross out** = to draw a cross through something

*When you put a cross over a picture, you suggest that you are rejecting it. In this case the protestors show their disapproval of the leader by putting a cross across his face.*

**FRONT**

*The CEO of the company wrote the word "impossible" on the whiteboard. Then he crossed out the prefix "im-" and smiled at his employees.*

**BACK**

**cross out** = to draw a cross over something

*In some cases when you cross out a part of a word, especially a prefix, you change its meaning. This CEO wanted his employees to understand that "impossible" was not an option; "possible" was the only option. He wanted them to be positive and to think about what could be done; not what could not be done.*

**FRONT**

Couples that grow apart do not do so overnight. The emotional unravelling sometimes takes years.

**BACK**

**grow apart** = to have a relationship that is not as close as it used to be, to become

emotionally removed from someone

*People grow apart over time. They gradually move away from each other emotionally.*

**FRONT**

One of the main factors that cause couples to grow apart is a lack of common interests.

**BACK**

**grow apart** = to have a relationship that is not as close as it used to be, to become emotionally removed from someone

*Common interests are interests that people share. Doing fun things together contributes to bonding. When people do fulfilling things together they do not grow apart as easily as when they do not share any interests.*

**FRONT**

Couples who do not want to grow apart need to make time for each other, have fun together and invest in each other's growth.

**BACK**

**grow a part** = to have a relationship that is not as close as it used to be, to become emotionally removed from someone

*Couples who wish to remain close have to work at their relationship.*

**FRONT**

The country gradually grew apart from its traditional allies.

**BACK**

**grow apart** = to have a relationship that is not as close as it used to be, to become emotionally removed from someone

*The relationship that the country had with its allies became less close.*

**FRONT**

After a rare, spectacular union of Venus and Jupiter on 27 August 2016, the planets grew apart again.

**BACK**

**grow apart** = to move away from each other

*On 27 August the two planets appeared so close together that they almost seemed to touch in certain locations. This celestial event, also called the Bethlehem Star effect, will only be seen again by 2065.*

*Normally one would use the phrasal verb "draw apart" when two object move away but in this case I employed a bit of personification and presented the planets as two lovers!*

**FRONT**

One of the worst experiences in life is when good friends grow apart.

**BACK**

**grow apart** = to have a relationship that is not as close as it used to be, to become emotionally removed from someone

*It is a fact of life that some friendships last and others do not.*

**FRONT**

People grow apart because they develop in different directions or because their growth patterns do not align.

**BACK**

**grow apart** = to have a relationship that is not as close as it used to be, to become emotionally removed from someone

*Over a lifetime humans change and grow. One of the problems of long-term relationships is that partners may develop divergent interests, their outlook on life may change or their expectations may change. If one partner changes and the other does not or if the two partners change in different directions, it becomes increasingly difficult to harmonize diverging needs and expectations.*

**FRONT**

It does not have to be someone's fault when you grow apart from each other in a relationship.

**BACK**

**grow apart** = to have a relationship that is not as close as it used to be, to become emotionally removed from someone

*Like people, relationships are dynamic.*

**FRONT**

These free-range calves are weaned at eight months. After the calves have been weaned, they do not grow apart from their mother. In fact, the relationship remains close.

**BACK**

**grow apart** = to have a relationship that is not as close as it used to be, to become emotionally removed from someone

*My observation of the relationship between cows and their calves in this free range herd is that they maintain close, life-long relationships. They do not grow apart.*

**FRONT**

The two political parties, which had traditionally been closely aligned, slowly grew apart as policy disputes increased.

**BACK**

**grow apart** = to have a relationship that is not as close as it used to be, to become emotionally removed from someone

*In politics relationships tend to be very fragile, especially when parties cannot agree on policy. A policy is a set of principles of a course of action formulated by an organisation.*