

MAIRO VERGARA ADVANCED PHRASAL VERBS COURSE

Sentences for Anki | Lesson 47

FONT

Her lovely thigh-high silk stockings simply would not stay up. They kept slipping down her thighs and gathering in a ruffle above her knees.

BACK

Stay up = to remain in place

There is nothing more uncomfortable for a woman than to have to keep pulling up her stockings. The gesture is anything but elegant and stockings that gather just above one's knee are most irritating.

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Wear a garter belt to make sure your thigh highs stay up.

BACK

Stay up = to remain in place

A garter belt is piece of women's underwear that wraps around the waist. The belt is attached to four straps - two in front and two at the back. These straps clip onto the stocking and prevent the stockings from slipping down the woman's leg. They make sure the stockings stay up!

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His soccer socks would not stay up during games so his mom took some elastic and made two sock straps that kept the socks from slipping down.

BACK

Stay up = to remain in place

A simple solution and very effective!

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The exhibition will stay up until the end of the month.

BACK

Stay up = to remain in place

The exhibition will only be taken down at the end of the month. In the meantime it will remain in place.

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Every year on 21 June they stay up late to watch the stars. It is a fantastic combination - the brilliant stars and the intense cold biting one's cheeks.

BACK

Stay up = to remain awake until late at night

21 June is the winter solstice in the southern hemisphere - the longest night and the shortest

day of the year if you live south of the equator. In the northern hemisphere the winter solstice is on 21/22 December. For millennia people have celebrated the arrival of longer days of sunlight after the winter solstice.

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On 31 December they stayed up until midnight to celebrate the new year with their family and friends.

BACK

Stay up = to remain awake until late at night

If I have to guess, I would say the night of 31 December is probably the one night in the year that the greatest number of people remains awake until midnight.

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She stayed up until 2'o clock to study for her physics test.

BACK

Stay up = to remain awake until late at night

She would not normally go to bed that late but she hadn't finished studying so she had to remain awake until 2 o'clock.

FONT

His father repeated this tired old pun every time they watched a sunrise together. "We stayed up all night to see where the sun went. Then it dawned on us!" I became their thing - watching the sunrise and repeating the pun.

BACK

Stay up = to remain awake until late at night

A pun is a play on the different meanings a word could have. If you have to explain it, there is no fun in it. But seeing that is an English teaching exercise, let's kill the fun in the pun! The pun is on the literal and the figurative meaning of "dawned". "Dawn" means sunrise and "dawned" means realized.

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What seems to go down but always stays up?

BACK

Stay up = to remain awake until late at night

Seeing that we are talking about the sun and old, tired jokes, I thought I would slip in this riddle. The answer to the riddle is the sun, of course!

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His mom never goes to bed until all her children are home. She stays up until they are safely back.

BACK

Stay up = to remain awake until late at night

Waiting for her kids and staying up so late must leave this mother exhausted.

FONT

The teacher asked them to act out one of Aesop's fables in class.

BACK

Act out = to perform the actions, gestures and speech of a play or a story

Aesop was a Greek storyteller who, it is believed, lived more than 2 500 years ago. He is said to have written many short stories that tell moral lessons. To act out a story means to turn it into a play in which you perform the words and actions of the characters in the story. For example, if someone acts out Aesop's famous story of the lion and the mouse, one person will play the role of the mouse and the other person will play the role of the lion. They will speak the words and perform the actions of the lion and the mouse respectively. The lion will laughingly lift his paw and let the mouse go when the mouse promises to help him in future and the mouse will free the lion, to his surprise, from a net later in the story.

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She acted out Lady Macbeth's "out damned spot" speech in the English class.

BACK

Act out = to perform the actions, gestures and speech of a play or a story

She performed the role of Lady Macbeth - the words, gestures and actions. For example, she kept rubbing her hands to try wiping off the imaginary blood of King Duncan, whom her husband murdered at her instigation.

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In play therapy children act out their feelings while playing with games, toys, clay, paint and crayons.

BACK

Act out = to express thoughts or emotions through words or behavior

Play therapy is a branch of psychological therapy in which children express their emotions through play and art rather than voicing them directly.

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Please do not act out your frustration by lashing out at me verbally!

BACK

Act out = to express thoughts or emotions through words or behavior

The person who is hurting the other person verbally is doing so because he feels frustrated. He expresses his feelings of frustration through verbal abuse.

FONT

When he had laryngitis, he had to act out everything he wanted to say without actually using his voice.

BACK

Act out = to express thoughts, emotions, or ideas through gestures

Laryngitis is an inflammation of the voice box. People who have laryngitis should avoid straining their voices and should use gestures to indicate their needs rather than using their

voices.

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When the cops questioned me about the robbery, I acted out the situation for them. I showed them where I had been standing when the robber grabbed me from behind.

BACK

Act out = to show the events that happened in a situation by doing them again or by doing the same things as the people involved

Reconstructing a crime like this often helps people to remember the details better.

FONT

Every year the town acts act out the historic event.

BACK

Act out = to show the events that happened in a situation by doing them again or by doing the same things as the people involved

When you act out an historic event, you show what happened in the past.

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The comedian acted out the greedy behavior of people who attend buffet lunches.

BACK

Act out = to show the events that happened in a situation by doing them again or by doing the same things as the people involved

The comedian mimicked the way in which people greedily pile food on their plates and waste that food.

FONT

Children often act out when their emotions overwhelm them.

BACK

Act out = to behave badly or in a socially unacceptable manner

The stress of traumatic changes in their environment can cause children to behave aggressively or defiantly. They act out because they feel frustrated or scared. Behaving badly somehow gives them an outlet for their negative feelings.

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When a well-mannered teenager suddenly acts out, look for underlying emotional causes.

BACK

Act out = to behave badly or in a socially unacceptable manner

Acting out is often characterised by temper tantrums, fighting or stealing. Teenagers sometimes act out in order to reduce their stress. Their unrestrained emotional behaviour is often a way to release inner, emotional tension.

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The beggar on the street reached out to passersby, begging them to help him.

BACK

Reach out to = ask for help

The beggar asked for help.

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We reached out to the community during the terrible fires that threatened several towns. We asked for bottled water and snacks. The response was overwhelming.

BACK

Reach out to = ask for help

The firefighters' organization appealed to the community to help them by donating water and food. The community responded very generously.

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She reached out to us to help her find a job.

BACK

Reach out to = ask for help

She asked us to assist her in finding a job.

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Mother Theresa reached out to the poor of Calcutta.

BACK

Reach out to = to offer help

Mother Theresa, a Catholic nun, won the Nobel Peace in 1979. She started working in the slums of Calcutta in 1948. In the end her charity was active in 133 countries. She helped the poorest of the poor. She reached out to them. She ran soup kitchens, hospices and clinics.

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People who reach out to others often have the most fulfilling lives.

BACK

Reach out to = to offer help

Scientific studies have found that people who volunteer tend to have higher self-esteem, psychological well-being, and happiness. Reaching out to others, in other words offering to help others, improves people's health and their well-being.

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He reached out to me in my need; years later I was fortunate enough to return the favor.

BACK

Reach out to = to show somebody that you are interested in him/her and/or want to help him or her

The man offered to help the woman and years later she had a chance to help him.

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When the boy's parents died a benefactor reached out to him and offered to pay his school fees.

BACK

Reach out to = to show somebody that you are interested in him/her and/or want to help him or her

There are many inspiring stories about people who were in dire straits and who were saved by generous individuals who offered to help them. Altruism - selfless concern for the well-being of others - is a powerful force in society. It counters the selfishness and self-interest that harm communities.

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The new rector of the university reached out to previously disadvantaged communities to find out what challenges they faced in the academic environment.

BACK

Reach out = to try to communicate

The rector tried to communicate with these communities to hear their experience and to try to understand their specific challenges.

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After they had had a vicious argument, he reached out to her by inviting her for lunch.

BACK

Reach out = to try to communicate

The man tried to communicate on friendlier terms with his girlfriend.

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The government reached out to civil servants during the strike by establishing a joint forum in which they could voice their concerns about salaries.

BACK

Reach out = to try to communicate

The government tried to communicate with the civil servants by creating a platform for constructive talks.